

Sir Winston Churchill Park Tennis Club

JUNIOR FALL CLINICS

Mission: A recreational level clinic that focuses on the tennis FUNdamentals, building self confidence and physical literacy using play and active participation with friends, keeping in mind the balance between appropriate challenge and fun within a caring and safe environment.

Clinic Details: Clinics are for members (ages 5 - 17) only

New for this year: Clinics with single day options Recreational to Competitive (club level) players. Some Clinics may be subject to change or new clinics added, based on participation numbers and interest. Always use Court Reserve as the PDF is only an outline prior to sign up.

Monday to Thursday (except holidays) from **September 8 - October 6, 2025.**

Fees: \$140 per session

**** \$150 for Regular Ball Club**

FAQ

Policies (refund and cancelations):

Policies (refund and cancelations): No refunds, changes to other sessions, or credits within 14 days or less of a clinic start date. Any changes prior to 14 days (336 hours) can be made by the member through their CourtReserve account. After this time has elapsed, the system will not allow further changes. It is the member's responsibility to confirm that they have completed the cancellation process by confirmation via their CourtReserve account. Approved refunds through the system may take up to the end of the month to be processed. Each session is booked independently from any other bookings or cancellations. Due to the nature of being an outdoor program and the unpredictability of the weather, please expect to play tennis unless a message is sent from the club. We will have coaches on hand rain or shine with the hope that any rain is temporary and will try our best to dry the courts. We cannot provide any makeups, refunds or credit for any missed time due to inclement weather which includes extreme heat, rain, storms, or other reasons for missed classes. Any cancellation within 14 days must have a valid doctor's note and emailed to Head Pro before the first class. Once the first class has started we cannot approve the request. Once approved a \$35 administration fee will be charged and the remainder refunded. No makeup, refund, or credit for missed classes due to unforeseen circumstances or injury once the program has started. If cancellation of the session is initiated by the club, a refund or credit will be provided.



REGISTRATION OPENS ON JUNE 12, 2025
PLEASE REGISTER VIA MEMBERS AREA ON:
COURT RESERVE

CONTACT HEAD PRO, RYAN CHOW FOR MORE INFORMATION

HEADPRO@WINSTONCHURCHILLTENNIS.CA

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Program Group Descriptions:

Red Ball Fundamentals (ages 5-8): A fun way to introduce kids to the game of tennis. Participants will learn in a safe and fun environment the fundamentals using mini nets and slower balls. FUN games and FUNdamental movements will be linked together in play.

Option 1 Session A- Monday from 4pm- 5pm Dates are: September 8, 15, 22, 29 October 6,

Option 2 Session B- Tuesday from 5pm-6pm Dates are: September 9, 16, 23, 30, October 7,

Option 3 Session C- Wednesday from 4pm-5pm Dates are: September 10, 17, 24, October 1, 8,

Option 4 Session D- Thursday from 5pm-6pm Dates are: September 11, 18, 25, October 2, 9,

Orange Ball Fundamentals (ages 8-10): Continue to improve fundamental movement skills, motor skills, and tennis skills using a games based approach on half of the full size court.

Option 1 Session A- Monday from 4pm- 5pm Dates are: September 8, 15, 22, 29 October 6,

Option 2 Session B- Tuesday from 5pm-6pm Dates are: September 9, 16, 23, 30, October 7,

Option 3 Session C- Wednesday from 4pm-5pm Dates are: September 10, 17, 24, October 1, 8,

Option 4 Session D- Thursday from 5pm-6pm Dates are: September 11, 18, 25, October 2, 9,

Green Dot Ball Fundamentals (ages 8-10): This clinic will emphasize positive feedback, improve self esteem, and attain basic athletic physical literacy, tennis fundamentals, psychological skills, and ability to compete. This clinic may play on a $\frac{3}{4}$ court with the goal to eventually transition to full court once the players learn, develop and consolidate the required tennis skills.

Option 1 Session A - Monday from 5pm- 6pm Dates are: September 8, 15, 22, 29 October 6,

Option 2 Session B - Tuesday 4pm-5pm Dates are: September 9, 16, 23, 30, October 7,

Option 3 Session C- Wednesday from 5pm-6pm Dates are: September 10, 17, 24, October 1, 8,

Option 3 Session C- Thursday from 4pm-5pm Dates are: September 11, 18, 25, October 2, 9,



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Regular Ball Fundamentals (ages 10+ or 13+ Teen): Players will come motivated to learn the fundamentals in this Tennis For Life stream. Progressive tennis may still be implemented to help less experienced players learn the game faster and improve. A balance of learn and play will be the focus.

Option 1 Session A (age 10-13) - Monday from 4pm- 5pm

Dates are: September 8, 15, 22, 29 October 6

Option 2 Session B (13-17 Teen)- Monday from 5-6pm

Dates are: September 8, 15, 22, 29 October 6

Option 3 Session C (age 10-13)- Tuesday from 4pm-5pm

Dates are: September 9, 16, 23, 30, October 7

Option 4 Session D (age 10-13)- Wednesday from 4pm-5pm Dates are:
September 10, 17, 24, October 1, 8

Option 5 Session E (13-17 Teen)- Wednesday from 5pm-6pm Dates are:
September 10, 17, 24, October 1, 8

Option 6 Session F (10-13)- Thursday from 4pm-5pm Dates are: September 11,
18, 25, October 2, 9,

Regular Ball Club (ages 11 -16)**

Regular Ball Club(ages 11-16): Players will come motivated to learn the fundamentals in this Tennis For Pre Competitive stream. A balance of learn and play will be the focus for players in the developing stages of the game. Players have experience playing and are looking to play as much as possible and are recommended to sign up for 3-4 hours a week and aspire or play at the Competitive stream on a club team.

Option 1 Session A- Monday from 5-6pm Dates are: September 8, 15, 22, 29 October 6

Option 2 Session B- Tuesday from 4pm-5pm Dates are: September 9, 16, 23, 30, October 7

Option 3 Session C- Tuesday from 5pm-6pm Dates are: September 9, 16, 23, 30, October 7

Option 4 Session D- Wednesday from 5pm-6pm Dates are: September 10, 17, 24, October 1, 8,

Option 5 Session E- Thursday from 4pm-5pm Dates are: September 11, 18, 25, October 2, 9,

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